



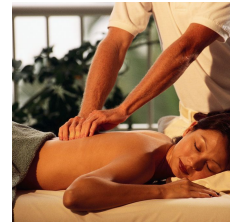
## *Nestleton Waters Inn Spa Treatments!*

Call or Email to Book and Prepay by Visa or Mastercard.

### **REGISTERED MASSAGE THERAPIST LIZ:** (add 5% gst to prices)

Deep tissue massages available !

- Swedish Massage ½ Hour \$50 (with receipt for insurance reimbursement if applicable)
- Swedish Massage 1 Hour \$90 (with receipt for insurance reimbursement if applicable)



### **“IT’S ALL ABOUT YOU” Day Spa MASSAGE & SPA TREATMENTS:**

(add 13% taxes to prices) Couple’s Massages available!

- **Epecially U Customized Facial, Specialty Pedicure, Manicure, & Relaxation Massage 4.5 Hours \$215**

includes paraffin on hands & feet

- **Only U Hot Stone Massage, Specialty Pedicure and Manicure 3 Hours \$200**
- **Hot Stone Massage 1.75 Hours \$150**

with warm stones massaged into body with firm pressure for relaxation/decreasing muscle tension

- **Head to Toe Scalp Massage, Specialty Pedicure and Manicure 3 Hours \$150**
- **Reflexology Massage 1 Hour \$77**

(Clusters of nerve endings hands and scalp, particularly the feet, relate to organs and glands. Stimulating these points through a trained reflexologist’s massage, can aid in detoxification, support the immune system, improve circulation, and especially relaxation. A natural therapy, it may help alleviate many symptoms and ailments associated like: stress, anxiety, headaches, insomnia, fatigue, high blood pressure, hormone imbalance, menopause, allergies, thyroid, reproductive, cold/flu, arthritis, inflammation etc.)



### **SPA SPECIALIST TREATMENTS:**

Only using Nail Therapy Award-Winning ZOYA/QTICA products safe for pregnant moms, they are formaldehyde, toluene, dibutyl phthalate & Camphor free, and a vegan friendly formula. They endeavour to have the utmost sanitary environment and implements, health board approved and passed.

*NOTE: No acrylic nails available. Nail care provided on your own nails.*

- **Serenity Body Wrap with Specialty Manicure 3 Hours \$175 OR Just Body Wrap 1.5 Hours \$125**

(choose either Dead Sea Mud Wrap for detox, extraction of pore clogging impurities and improving skin texture, Relaxing Lavender Wrap for calmness and stress easing OR Chocolate Wrap for moisturizing, detoxifying, stimulating circulation, and producing a slight slimming effect on body). A body wrap includes full body dry brush, dead sea salt, and sugar scrub exfoliation to reveal a fresh glow. Your body is then immersed with the luxurious mask of choice and cocooned in warm linens, during which you enjoy a tranquil scalp massage AND a fruit mask customized facial. You then are unwrapped, rinse in shower, and step into a heated bed for massaged in aromatherapy cream followed by a customized specialty manicure.

- **Specialty Pedicure 1.5 Hours \$125**

includes refreshing seasonal soak, nail grooming includes cuticle clean and filing, legs and feet exfoliated to renew skin, hydrated with seasonal mask, 20 minute scalp massage, mask removed with hot towels, followed by reflexology influenced massage, paraffin heal therapy as take home polish of choice applied (Men same with exception of polish, instead exfoliating hand scrub)

- **Specialty Manicure 1.25 Hours \$100**

refreshing cuticle soak, nail grooming includes cuticle cleanup and filing, reflexology influenced hand and arm massage, hydrating paraffin emersion, 20 min aroma scalp massage, and application of take home

polish color of choice (Men same with exception of polish which is switched for relaxing foot soak with paraffin)

- ***On the Run Combo Specialty Pedicure and Manicure 2.5 hours \$125***
- ***Express Yourself Mini-Facial, Mini-Manicure, and Mini-Pedicure 2 hours \$85***
- ***On the Run Mini-Pedicure 45 min \$45***

includes refreshing seasonal soak, nail grooming includes cuticle clean and filing, legs and feet exfoliated to renew skin, paraffin heal therapy as take home polish of choice applied (Men same with exception of polish, instead exfoliating hand scrub)

## **WAXING SERVICES:** (add 13% taxes to prices)

- Chin, Lip, Nose, Ear \$10
- Brow tint OR Brow Wax OR Abdomen/Lower Back (female) \$15each
- Brow tint & wax OR Lash tint OR Half arms \$25each
- Upper arms OR Under arms \$20each
- Lash/brow tint & wax OR Full face OR Brazilian OR Upper Leg Bikini OR Men's 1/2 chest \$45each
- Full arms \$35
- French bikini OR Lower Leg \$30each
- Upper leg Brazilian OR Men's full chest OR Men's Full back \$60each
- Full leg including b-line \$65
- Full leg Brazilian \$75.

